

The BeDo **CREATING YOUR “RIGHT COACH” AWARENESS WORKSHEET**

| <u>WANTS:</u> | <u>DON'T WANTS</u> | <u>VALUES</u> | <u>STYLE</u> | <u>TURN OFFS</u> |
|---------------|--------------------|---------------|--------------|------------------|
| 1. | | | | |
| 2. | | | | |
| 3. | | | | |
| 4. | | | | |
| 5. | | | | |
| 6. | | | | |

| Low range \$ <small>(the lowest I would feel comfortable paying and feel like I was getting a great experience)</small> | High range \$ <small>(The most I can really afford month to month and still be able to focus on my coaching rather than the price tag)</small> | Dream range \$ <small>(Dag, if only I won the lotto. I'd pay this much for the best coach I could find.)</small> |
|---|--|--|
| \$ | \$ | \$ |

| MY SUPER COACH | EXPERIENCE & EXPERTISE | THEIR STYLE & REALTIONSHIP | WHAT I GET (benefits) |
|----------------|------------------------|----------------------------|-----------------------|
| 1. | | | |
| 2. | | | |
| 3. | | | |

IDENTIFYING YOUR “GUT” CLUES

| Past Intuitive Feeling? | What happened by acting/not acting on it? |
|--------------------------------|--|
| | |
| | |
| | |

| <u>NAME:</u> | <u>EMAIL</u> | <u>WEBSITE</u> | <u>PHONE</u> | <u>RATE:</u> |
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